



*"We worry about
what a child
will become
tomorrow, yet we
forget that the
child is someone
today!"*



Head Start Educator
Public Health Services
3 Nemaio, P.O. Box 160
Eastmain, QC, J0M1W0

Phone: 819-977-2000 ext. 224

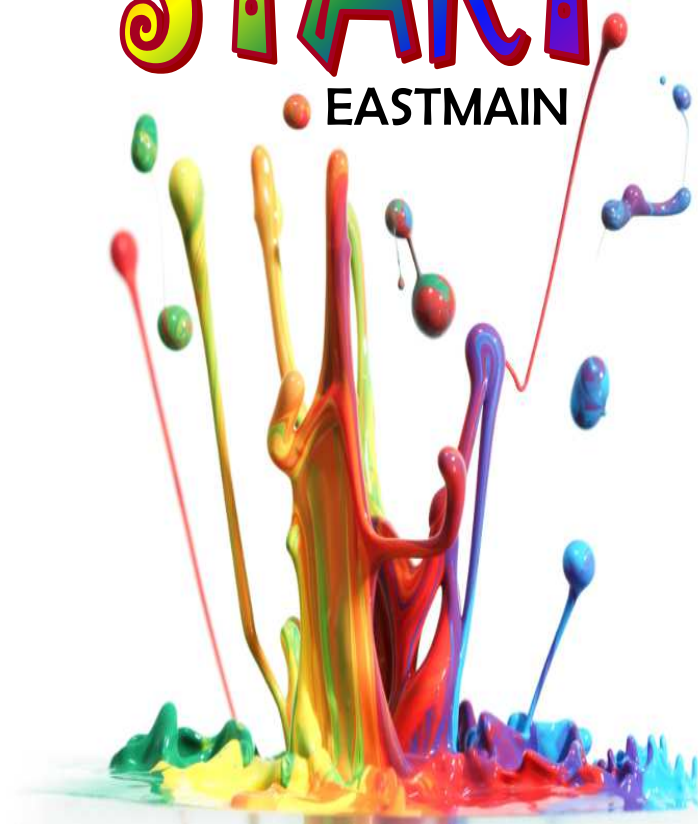
Fax: 819-977-2088

Email: hsp@eastmain.ca



HEAD START

EASTMAIN



HEAD START

2017 - 2018

Each week, your child will have activities in our Public Health Department, centered on the AHSOR (Aboriginal Head Start On Reserve) Program and based on six components:

1. Education
2. Health Promotion; learning about Healthy Living
3. Culture & Language; Cree Literacy , drumming
4. Nutrition; healthy cooking, Cree food
5. Social Support; injury prevention
6. Parental/Family Involvement

Children registered in the Eastmain Head Start Program gain opportunities to develop self-confidence, a greater desire for learning, and an excellent start in their journey towards becoming successful people.



Education

The Head Start Educator will visit your child at school once per week to assist your child with school readiness.



Parental Involvement

The Head Start Educator will prepare a fun home kit of learning activities or resources, etc.... for the parents to utilize for their teachings since the parents of child are their primary teachers.



*Scheduling

3 years old to 6 years old

Day of the Week	Where	Time
Wednesday	School (Pre-K)	Mornings
Tuesday and Friday	Wellness Centre	1 pm to 3:30 pm

These schedules may be subjected to change at any-time and you will be notified immediately Of any changes that may occur.

Day of the Week	Where	Time
Wednesday	Wellness	After school
Thursday	Wellness	After School
Monday	Kindergarten (school)	Afternoon



Transportation available for Moms Time Out Group

Summer Day Camp available for the Head Start Children

Snacks are provided.

