

Brighter Futures

2017- 2018

The Brighter Futures Program is to improve the quality of—and access to—cultural sensitive wellness services at the community level, thus, creating healthy family and community environments in which children and all community members can thrive.



The Child Development Initiative reflects a shared goal with Health Canada to improve the physical, mental, and social well-being of aboriginal children, their families, and their communities.



Fun Activities

In our planned weekly activities, we are including all the following:

- ◆ Nutrition
- ◆ Injury Prevention
- ◆ Life Skills
- ◆ Self-Identity/Esteem Activities
Cree Traditional Culture & Healing Practices such as smudging, sweat lodges, Sundance, Goose Dance, Cree Medicine, Powwow, etc...
- ◆ Physical Wellness
- ◆ Self-Expression
Arts & Music (Includes small drum)
- ◆ Health Promotion

Limitations

There are only 15 spots available in 7 to 8 years old program and 15 spots available in the 9 to 11 years old program, so please be sure to register your child as soon as possible. These 30 children will have priority for any other event, activities, programs outside the Brighter Futures Program, such as the Summer Day Camp.



Scheduling

Every Tuesday & Friday after school (7 & 8 years old) and every Monday & Thursday (9 to 11 years old), your child will come to the Wellness Centre to participate in the planned activities.



This schedule may be subjected to change at anytime and you will be notified immediately of any changes that may occur.



"Children are
one third of
the world's
population
and all
of our
future!"



Cree Nation of Eastmain

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